



UNDER HIS WINGS

SEASON 5

EPISODE 77 – “It’s Not Always About You” with Michelle Burk

SHOW NOTE HIGHLIGHTS

Episode Show Notes



In this thought-provoking episode, we talk with Michelle Burk about our Christian faith that challenges our self-centered perspectives. Join us as we explore how shifting our focus from personal concerns to a Christ-centered life can transform our spiritual journey and daily living. Michelle shares with us practical ways to embrace humility, understand the broader purpose of our existence, and find true fulfillment in following Jesus Christ. Whether you’re a long-time believer or just beginning your faith journey, this episode will inspire and encourage you to refocus on what truly matters. Tune in for a fresh perspective on living a life centered around Christ and the profound impact it can have on your life and the world around you.

Sister Michelle Callister Burk was born and raised in Boise Idaho. She graduated from Borah High School, received her bachelors in Humanities from BYU in Provo, and her Masters in Business and Management Leadership from WGU. She spent 6 months studying at the Jerusalem Center in Israel, worked as an EFY counselor and speaker in Provo, and served a mission in Morristown New Jersey. Sister Burk is married to Dr. Roman Burk. Together they have lived in Utah, Pennsylvania, Indiana, and are now back in Idaho. She is the mother of four children. Sister Burk has been a teacher most of her adult life, served in various church capacities. She loves institute and teaches as a member of the faculty of the Boise-Nampa Institute. **Here is the thought model**

Michelle referenced:



<https://www.boisenampainstitute.com/teacher/michelle-burk/>

Upcoming Institute class schedules:

<https://www.boisenampainstitute.com/classes/>

Geri quotes Pres Nelson’s counsel: I promise you that if you will sincerely and persistently do the spiritual work needed to develop the crucial, spiritual skill of learning how to hear the whisperings of the Holy Ghost, you will have *all* the direction you will ever need in your life. <https://www.churchofjesuschrist.org/study/new-era/2018/08-se/hope-of-israel?lang=eng>

THOUGHT MODEL

CIRCUMSTANCE - THE FACTS - *date, time, location*

THOUGHT * Pres Nelson: *“Think Celestial”*
What would Jesus want you to think about this Circumstance?

EMOTION -- FEELINGS

ACTION – WHAT YOU DO

RESULT – THE OUTCOME

