



# UNDER HIS WINGS

SEASON 4

EPISODE 69 – Lay Hold Upon Every Good Gift

## SHOW NOTE HIGHLIGHTS

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### Episode Show Notes

Have you thought about gifts lately? What about spiritual gifts? Our Heavenly Father longs for us to develop our spiritual gifts and to bless us with more. But have you thought to ask Him? What are spiritual gifts? Why have we been commanded to seek after and pray for them? In our conversation today we discuss a simple insight which promises “that if any of us are imperfect, pray for the gift that will make us perfect”. We share the hope that every defect in the human character can be corrected through the exercise of faith and pleading with the Lord for the gifts that He has said He will give unto those who believe and obey His commandments.

Elder Stevens in general conference said: “Looking through a gospel lens, God endows His children with many spiritual gifts, making them spiritually gifted people. Covenant-keeping members of the Church are bestowed with gifts of the Spirit, which include the gift of a testimony of Jesus Christ as our Savior, the gift of the Holy Ghost, the gift of faith to heal and be healed, the gift of discernment, the gift of receiving miracles, and the gifts of wisdom and knowledge. The Lord invites us to earnestly seek the best gifts, even spiritual gifts. He gives spiritual gifts to bless us and to use in blessing others.” <https://www.churchofjesuschrist.org/study/general-conference/2023/10/25stevenson?lang=eng>

Powerful quote from Elder Cannon: How many of you ask the Father in the name of Jesus to manifest Himself to you through these powers and these gifts? Or do you go along day by day like a door turning on its hinges, without having any feeling upon the subject, (that is when it really hit my heart, I think I have been swinging on my hinges without giving it much thought!

Follow Him Episode with guest Dr Mary Woodger: Part 2 at about 3:15:00: [NT-36-Dr.-Mary-Jane-Woodger-1-Corinthians-8-13-followHIM-Podcast-SHOW-NOTES.pdf](#)

Spiritual Gifts List from podcast Don't Miss This: <https://usercontent.flodesk.com/107b80f9-de82-40c3-994c-4a6729ad1c93/upload/b199a437-0cb5-4b7c-9cff-18ad5edcee1d.pdf>

Pray for God to bless you with these attributes. Humbly acknowledge your weakness and your need for His power in your life. As you do, He will “make weak things become strong unto [you]” (Ether 12:27).

The prophet Mormon taught, “Pray unto the Father with all the energy of heart, that ye may be filled with this love” (Moroni 7:48). As you pray to have charity fill your heart, you will taste of God’s love.

Charity, like faith, leads to action. You strengthen it as you serve others and give of yourself.

Charity is transformative. Heavenly Father bestows it “upon all who are true followers of his Son, Jesus Christ; ... that when he shall appear we shall be like him, ... that we may be purified even as he is pure” (Moroni 7:48).