



# UNDER HIS WINGS

SEASON 4

EPISODE 64– Captain Moroni: Our Guide for Today Battles

## SHOW NOTE HIGHLIGHTS

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### Episode Show Notes

In this episode we share the wisdom gleaned from a great warrior in the scriptures, Captain Moroni. He taught his warriors how to combat their enemies by being prepared not only physically, but spiritually. We are waged in a war against Satan. There are strategies that we learn from Captain Moroni in the Book of Mormon that can help us combat our enemy in today's world, and in today's times.

**Lesson # 1.** To conquer our enemy, the adversary, we need to start with **preparing our minds to be faithful to God.**

Alma 43:23 “Moroni, knowing of the prophecies of Alma, (who was the prophet at the time) sent certain men unto him, desiring him that he should inquire of the Lord whither the armies of the Nephites should go to defend themselves against the Lamantites.”

**Lesson # 2** Seek counsel from the prophet.

President Russell M. Nelson said: “My dear brothers and sisters, how we treat each other really matters! How we speak to and about others at home, at church, at work, and online really matters. Today, I am asking us to interact with others in a higher, holier way. Please listen carefully. “If there is anything virtuous, lovely, or of good report or praiseworthy” that we can say about another person—whether to his face or behind her back—that should be.”

<https://www.churchofjesuschrist.org/study/general-conference/2023/04/47nelson?lang=eng>

**Lesson # 3** Live to give **thanks to God!** And **remember where your strength comes from.**

**Lesson # 4** We can't afford to become complacent.

Sister Craven said. “We each face uncertainty and challenges. It's part of our earthly journey. So is weakness. But don't forget — weakness is mortal, we are divine. Sisters, we cannot bury ourselves in this murky propaganda of the adversary. In all our weakness, we are stronger than he is. We are daughters of divine parentage. Our covenants give us power to overcome such deception. The challenge, however, is remembering who we are. Every. Single. Day.”

<https://www.thechurchnews.com/leaders/2023/5/5/23711925/byu-womens-conference-sister-craig-sister-craven-removing-the-feeling-of-forever-falling-short>

**Lesson # 5** comes from Alma 49. It says, “the city of Noah which had hitherto been a weak place, had now, by the means of Moroni, become strong.” and this is what he did to make it so, **“in their weakest fortifications he did place the greater number of men, and thus he did fortify and strengthen the land”.**

**Lesson #6.** Be around people that inspire your heart, that make you want to be the best version of yourself.