



UNDER HIS WINGS

SEASON 4

EPISODE 62 – Rescued From the Pit of Addiction: An Interview with Evan and Missy Hathaway

SHOW NOTE HIGHLIGHTS

Episode Show Notes

No matter how lost or hopeless you feel, you are a child of loving Heavenly Parents. Change and recovery are possible through Jesus Christ and His Atonement. As you reach out to Him, you can find recovery, peace, and hope.

We bear witness of Christ's healing power and the redemption that He offers us all.



Evan Hathaway is a dentist in the Boise Idaho area. He has a beautiful wife, his best friend, Melissa, who he lovingly calls Missy. Evan's story is one of addiction, recovery and redemption.

Missy Hathaway, loves being with her grandkids, loves books, crafts and building with legos! Missy testifies that grand healing can be found together! They are the parents of 4 married children. They have 13 grandchildren. Missy and Evan are serving together in the Addiction Recovery Program (ARP) in the Boise and Nampa Area community.

You can contact them at: evanhath@yahoo.com missyhathaway@gmail.com

"I will run behind you through a brick wall, but I won't run through the brick wall for you."~ Evan

Recovery support groups sponsored by The Church of Jesus Christ of Latter-day Saints can help anyone struggling with an addiction or compulsive behavior. Support group meetings use an adapted version of the Twelve Steps of Alcoholics Anonymous that teaches addiction recovery principles from a gospel perspective. These principles can be found in the [Addiction Recovery Program guide](#).

Find a meeting [here](#) or read "[What Can I Expect from a Recovery Support Group?](#)" to learn more.

<https://addictionrecovery.churchofjesuschrist.org/what-can-i-expect-from-a-recovery-support-group>



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Life Help link:

[Life Help \(churchofjesuschrist.org\)](http://churchofjesuschrist.org)

[Addiction \(churchofjesuschrist.org\)](http://churchofjesuschrist.org)

Pornography Help [Pornography \(churchofjesuschrist.org\)](http://churchofjesuschrist.org)

A fantastic resource that Evan clung to is a book by Colleen C. Harrison called He Did Deliver Me From Bondage

[He Did Deliver Me From Bondage \(20th Anniversary Edition\) - Deseret Book](#)

Evan guest stars in these podcasts, check them out:

- [Leading Saints Podcast: Former Bishop, Recovering Addict | An Interview with Evan Hathaway on Apple Podcasts](#)
- [He Did Deliver Me From Bondage: Episode 8 An Interview With Evan Hathaway on Apple Podcasts](#)
- [87. Facing Addiction | Former bishop & addict, Evan Hathaway, shares solutions for lasting recovery. - Podcast Addict](#)

Both Evan and Missy are guests on these 2 podcasts:

- [podcast — Unashamed Unafraid](#)
- [Sisters On The Front Lines Podcast on Apple Podcasts](#)

Ether 12:27 And if men come unto me I will show unto them their ^aweakness. I ^bgive unto men weakness that they may be humble; and my ^cgrace is sufficient for all men that ^dhumble themselves before me; for if they humble themselves before me, and have faith in me, then will I make ^eweak things become strong unto them.

AA Meeting information: [Find A.A. Near You | Alcoholics Anonymous \(aa.org\)](#)

NA(Narcotic Anonymous) Meeting Info: [Find the Right NA Meeting for You - Smarter.com](#)

RA (Recoveries Anonymous) Info: [Recoveries Anonymous; the Solution Focused Twelve Step Fellowship \(r-a.org\)](#) [Find a U.S. or Canadian R.A. Meeting: \(r-a.org\)](#)

S-Anon: Meetings are open only to those [seeking recovery](#) from the effects of another person's sexual addiction. [Is S-Anon For You? - S-Anon \(sanon.org\)](#)

Emotional Resilience [4-10-20-Emotional-Self-Reliance-Manual_updated.pdf \(churchofjesuschrist.org\)](#)

Outreach meetings for Betrayed Spouses contact Missy: missyhathaway@gmail.com

ARP (Addiction Recovery Program) [The Church of Jesus Christ of Latter-day Saints : Recovery](#)



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[The 12 Steps \(churchofjesuschrist.org\)](http://churchofjesuschrist.org)

The 12 Steps

Step 1

Admit that you, of yourself, are powerless to overcome your addictions and that your life has become unmanageable.

Step 2

Come to believe that the power of God can restore you to complete spiritual health.

Step 3

Decide to turn your will and your life over to the care of God the Eternal Father and His Son, Jesus Christ.

Step 4

Make a searching and fearless written moral inventory of yourself.

Step 5

Admit to yourself, to your Heavenly Father in the name of Jesus Christ, to proper priesthood authority, and to another person the exact nature of your wrongs.

Step 6

Become entirely ready to have God remove all your character weaknesses.

Step 7

Humbly ask Heavenly Father to remove your shortcomings.

Step 8

Make a written list of all persons you have harmed and become willing to make restitution to them.

Step 9

Wherever possible, make direct restitution to all persons you have harmed.

Step 10

Continue to take personal inventory, and when you are wrong promptly admit it.

Step 11

Seek through prayer and meditation to know the Lord's will and to have the power to carry it out.

Step 12

Having had a spiritual awakening as a result of the Atonement of Jesus Christ, share this message with others and practice these principles in all you do.

Connection is the cure!!

Evan's 4 Healthy Coping Strategies: 1.Be still 2.Feel 3.Deal (with the feeling) 4.Heal