



# UNDER HIS WINGS

SEASON 3

EPISODE 37—Who's Writing Your Story

## SHOW NOTE HIGHLIGHTS

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### Episode Show Notes

Joseph of Egypt is an example of how trusting in God's plan for us can yield blessings of redemption, repentance, forgiveness and hope. We discuss how our personal lives' stories haven't been completed yet, but we have faith in God as the author and finisher

Genesis 42-45 story of Joseph

<https://www.churchofjesuschrist.org/study/scriptures/ot/gen/42?lang=eng>

Donny Osmond as Joseph singing Close Every Door To Me

<https://youtu.be/d8reEiq4ui8>

Ezra 8:22 The hand of our God is upon all them for good that seek him

Romans 8:28 And we know that all things work together for good to them that love God,

Alma 36:3 I do know that whosoever shall put their trust in God shall be supported in their trials, and their troubles, and their afflictions, and shall be lifted up at the last day.

D&C 90 24 search diligently, pray always, and be believing, and all things shall work together for your good, if ye walk uprightly and remember the covenant wherewith ye have covenanted one with another.

Go, Go, Go Joseph (Your Story's Not Over Yet):

<https://youtu.be/xi2wapLtYZM>

Proverbs 3:5 & 6 - Trust in the Lord with all thine heart; and lean not unto thine own understanding. In all thy ways acknowledge him, and he shall direct thy paths.

“Wherefore take unto you the whole armour of God, that ye may be able to withstand in the evil day, and having done all, to stand”; Truth, righteousness, peace, salvation, Spirit, prayer (Eph. 6:13-18)

Brad Wilcox: 3 Things to Know About The Tribes of Israel

<https://www.ldsliving.com/brad-wilcox-3-things-latter-day-saints-should-know-about-the-tribes-of-israel/s/91157>

Hugh Nibley quote:

<https://followhim.co/wp-content/uploads/2022/03/11-OT-Dr.-Lili-Anderson-Genesis-37-41-followHIM-Podcast-SHOW-NOTES-and-TRANSCRIPTS-ENGLISH-2.pdf>



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SEASON 3

EPISODE 36—Becoming Part II

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President Nelson said, “Individuals choose everyday where they want to live eternally by how they think, feel, speak and act.”

Opposition must be taken into account during this process. If you plan for and prepare for the opposition that is guaranteed to come your way you will be more successful in accomplishing that which you set out to create.

Book Geri refers to: *The Anatomy of Peace: Resolving the Heart of Conflict*

The Maui habit was first taught by Dr. Fogg, a behavior scientist. A few years ago he was visiting Maui and a friend gave him a Ukelele with a note that said, “Every day is a gift.” It made such an impression on him that he developed this tiny habit and it made such a difference in his life he started teaching it to others.. All it is: Each day when you get up from your bed you repeat these words “ Today is going to be a great day”. This sets the intention for your day. Studies have found that this tiny yet powerful habit is successful because it is simple, is positively framed, and has a specific trigger. (When your feet touch the floor) You may forget about this thought during the rest of the day but your subconscious mind has absorbed those words and will start making the efforts needed to make the day great.