



UNDER HIS WINGS

SEASON 3

EPISODE 29—COVENANT PROMISES

SHOW NOTE HIGHLIGHTS

A covenant is a sacred promise with God. D&C 130:21 - "And when we obtain any blessing from God, it is by obedience to that law upon which it is predicated."

Sheri Dew (Women's Conference 2021)

"If we want to have access to the power of God, we need to go where that power is. His power lies in His priesthood which is why covenant keepers have more access to His power. Perfection isn't required thankfully but covenant keeping is. Repentance makes covenant keeping possible. It allows us to start again and again and again and thus access the power of God."

"She kept her covenants, and because she did, she called down the powers of heaven to bless our home and to send miracles. She taught us about her love for the temple, the peace and strength received within, and she relied on the power of prayer, priesthood, and covenant promises." (Elaine Dalton)

Elder Russell M. Nelson taught : "With each ordinance is a covenant--a promise. A covenant made with God is not restrictive, but protective. . . . When we choose to deny ourselves of all ungodliness, we lose nothing of value and gain the glory of eternal life. Covenants do not hold us down; they elevate us beyond the limits of our own power and perspective" (in Conference Report, Mar.-Apr. 2001, 42; or Ensign, May 2001, 34)

Elder Boyd K. Packer taught: "Ordinances and covenants become our credentials for admission into His presence. To worthily receive them is the quest of a lifetime; to keep them thereafter is the challenge of mortality" (in Conference Report, Apr. 1987, 27; or Ensign, May 1987, 24).

Elder Scott said, "The Lord is intent on your personal growth and development. That progress is accelerated when you willingly allow Him to lead you through every growth experience you encounter, whether initially it be to your individual liking or not. When you trust in the Lord, when you are willing to let your heart and your mind be centered in His will, when you ask to be led by the Spirit to do His will, you are assured of the greatest happiness along the way and the most fulfilling attainment from this mortal experience. If you question everything you are asked to do, or dig in your heels at every unpleasant challenge, you make it harder for the Lord to bless you....Find the compensatory blessings in your life when, in the wisdom of the Lord, He deprives you of something you very much want. To the sightless or hearing impaired, He sharpens the other senses. To the ill, He gives patience, understanding, and increased appreciation for others' kindness. With the loss of a dear one, He deepens the bonds of love, enriches memories, and kindles hope in a future reunion. You will discover compensatory blessings when you willingly accept the will of the Lord and exercise faith in Him." Richard G. Scott, "Finding Joy in Life," Ensign, May 1996, pp. 24-26