



# UNDER HIS WINGS

SEASON 3

EPISODE 27—FAITH TO MOVE MOUNTAINS

## SHOW NOTE HIGHLIGHTS

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In this podcast we pulled many of our thoughts and comments from President Russel M. Nelson's talk: "Christ is Risen: Faith In Him Will Move Mountains"

<https://www.churchofjesuschrist.org/study/general-conference/2021/04/49nelson?lang=eng>

"Faith in Jesus Christ is the foundation of all belief and the conduit of divine power. It is the greatest power available to us in this life."

"The Lord understands our mortal weakness. We all falter at times. But He also knows of our great potential. The mustard seed starts small but grows into a tree large enough for birds to nest in its branches. The mustard seed represents our small but growing faith."

President Nelson gave five suggestions to help us increase in faith:

1. Study the gospel: "immerse yourself in the scriptures"
2. Choose to believe: "The Lord does not require perfect faith for us to have access to His perfect power. But He does ask us to believe,"
3. Act in faith: The prophet asked us to consider this question: What would you do if you had more faith? Think about it. Write about it. Then receive more faith by doing something that requires more faith.
4. Partake of sacred ordinances: Heavenly Father is a God of Order. And therefore, he requires ordinances in his church. Baptism, receiving the Holy Ghost, and continuing to make covenants through ordinances all of our lives. Staying firmly on the covenant path helps us build faith. "The ordinances of the temple fill our lives with power and strength --available in no other way." Pres. Nelson
5. Ask God to help you. "Faith takes work. Receiving revelation takes work. But in the scriptures we learn: "every one that asketh receiveth; and he that seeketh findeth; and to him that knocketh it shall be opened." God knows what will help your faith grow. So the prophet has told us to Ask, and then ask again" and follow through with the thoughts and promptings you receive.

"Through your faith, Jesus Christ will increase your ability to move the mountains in your life, even though your personal challenges may loom as large as Mount Everest." Your mountains may be loneliness, doubt, illness, a difficult relationship or a myriad of other personal problems. "Your mountains will vary, and yet the answer to each of your challenges is to increase your faith."

Pres. Nelson: "Faith is the power that enables the unlikely to accomplish the impossible!!!" "Only your unbelief will keep God from blessing you with miracles to move the mountains in your life."

D&C 90: 24 "Search diligently , pray always, and be believing, and all things shall work together for your good, if ye walk uprightly and remember the covenant wherewith ye have covenanted one with another."

Song by Hilary Weeks; Beautiful Heartbreak. <https://www.youtube.com/watch?v=xyX-l-um5Kk>