



# UNDER HIS WINGS

SEASON 2

EPISODE 22—Putting On The Armor of God

## SHOW NOTE HIGHLIGHTS

It is crucial we recognize we are in a battle with Satan. But do we really know our enemy? Do we know how to be victorious over evil? We have suggestions and strategies! We discuss many topics from a favorite book by Steven Cramer called Putting On the Armor of God.

Ephesians 6:10-18. “Put on the whole armour of god, that ye may be able to stand against the wiles of the devil. For we wrestle not against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this world, against spiritual wickedness in high places. Wherefore take unto you the whole armour of God, that ye may be able to withstand in the evil day, and having done all, to stand.”

**Know your enemy:** President Spencer W. Kimball taught that the fight against Satan and his forces “is not a little skirmish with a half-willed antagonist, but a battle royal with an enemy so powerful, entrenched, and organized that we are likely to be vanquished if we are not strong, well-trained, and watchful.”

Peter cautioned us: “Be sober, be vigilant; because your adversary, the devil, as a roaring lion, walketh about, seeking whom he may devour” (1 Pet. 5:8).

“Look at the number of devils we have around us. We have, I should say, one hundred to every man, woman and child.” (Woodruff, Journal of Discourses, vol. 21:125–126)

**ENEMY PROPAGANDA: “There Is No Devil”** One of Satan’s most successful strategies is to persuade the world that he does not exist. Day by day, week after week, year after year through the centuries, “He saith unto them: I am no devil, for there is none” (2 Nephi 28:22)

**The Battlefield, Satanic Subliminals and his whisperings:** the most intense and important battles sometimes occur within our own mind and hearts. It is there that we wage hand-to-hand combat with Satan and his determined army of evil spirits. Satan will continually whisper discouraging and harmful suggestions to our spirits which then appear in our minds as if they were our own undesirable thoughts and evil impulses.

President Heber J. Grant talked about Satan’s behind-the-scene “whisperings” by giving the following testimony in general conference in April 1941: “There are two spirits striving with us always, one telling us to continue our labor for good, and one telling us that with the faults and failings of our nature we are unworthy. I can truthfully say that from October 1882 until February 1883, that spirit followed me day and night telling me that I was unworthy to be an Apostle of the Church and I ought to resign. When I would testify of my knowledge that Jesus is the Christ, the Son of the Living God, the Redeemer of mankind, it seemed as though a voice would say to me: “You lie! You lie! You have never seen him.”” (Quoted in Faith Precedes The Miracle, Spencer W.

**The Battleground of Prayer:** In order to wage a successful war it is necessary for the troops on the front lines to remain in communication with the general who is directing the battle. You and I are soldiers on the front lines of the war between Satan and God. Communication with our commander is called prayer. Ye must watch and pray always lest ye enter into temptation” (3 Nephi 18:18).

**The Battleground of Temptations:** Elder Howard W. Hunter said:

There are times in our struggle with the adversities of mortality when we become weary, weakened, and susceptible to the temptations that seem to be placed in our pathways. Such a time is always the tempter’s moment—when we are emotionally or physically spent, when we are weary, vulnerable, and least prepared to resist the insidious suggestions he makes.

Elder ElRay L. Christiansen stated: “No person will ever be given more opposition than he has the potential to overcome or endure” (Ensign, December 1971, 60).

**God Has the Power to ‘Rescue Us: Elder Holland:** “However late you think you are, however many chances you think you have missed, however many mistakes you feel you have made or talents you think you don’t have, or however far from home and family and God you feel you have traveled, I testify that you have not traveled beyond the reach of divine love. It is not possible for you to sink lower than the infinite light of Christ’s Atonement shines.”